

# Specialist in gastrointestinal and liver diseases

## Associate Professor Mark Danta B Med, DTM&H, MPH, MD, FRACP

Gastroenterologist and Hepatologist Associate Professor of Medicine (UNSW)

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Provider number 204575CJ

#### INSTRUCTIONS FOR ENDOSCOPIC EXAMINATION

Your procedure will be taking place at:

Diagnostic Endoscopy Centre, Suite 601, St Vincent's Clinic 438 Victoria Street, Darlinghurst NSW 2010

You will be given a sedative prior to the procedure. It is essential that you DO NOT DRIVE home nor should you use public transport. Please arrange to be accompanied by a responsible adult, relative or friend. You will be at the Diagnostic Endoscopy Centre for approximately 3 hours.

Please bring your Medicare card and health fund member ships details. Do not bring any valuables with you to the Endoscopy Centre.

Dr Danta will send his account directly to your health fund. You will not receive an account from Dr Danta's practice and will not have any out of pocket expenses from Dr Danta. It is highly recommended that you check with your health fund that your level of cover includes the cost of the procedure room and any excess that may be payable on admission.

Please notify A/Prof Danta if you are taking any ASPIRIN-containing medications, anti-inflammatory drugs (eg *Naprosyn, Brufen, Voltaren, Indocid*) or other medications likely to affect bleeding, as these may have to be stopped seven days prior to your procedure.

#### **FASTING INSTRUCTIONS**

### ON THE DAY OF THE EXAMINATION – IE TUESDAY

- You may have a light breakfast (eg toast and tea) before 7.30am. You may then drink clear fluids only (eg water, black tea/coffee) up until your fasting time. YOU MUST BE COMPLETELY FASTED (IE NIL BY MOUTH) FOR AT LEAST 4 HOURS PRIOR TO YOUR PROCEDURE TIME.
- FAST FROM AM.

Should you have any queries please do not hesitate to contact this practice on 02 8382 6687.