

Specialist in gastrointestinal and liver diseases

PREPARATION INSTRUCTIONS FOR AN AFTERNOON COLONOSCOPY PROCEDURE

Your procedure will be taking place at: **Diagnostic Endoscopy Centre**
Suite 601, Level 6, St Vincent's Clinic
438 Victoria Street, Darlinghurst NSW 2010
T: 02 8382 6622 F: 02 8382 6602

You will be given a sedative prior to the colonoscopy. It is essential that you DO NOT DRIVE home nor should you use public transport. Please arrange to be accompanied by a responsible adult, relative or friend. You will be at the Diagnostic Endoscopy Centre for approximately 3 hours.

Please notify A/Prof Danta if you are taking any ASPIRIN-containing medications, anti-inflammatory drugs (eg Naprosyn, Brufen, Voltaren, Indocid) or other medications likely to affect bleeding, as these may have to be stopped seven days prior to your procedure. All other medications may be taken as usual with a sip of water at 6 AM on the day of the procedure. Panadol and paracetamol may be taken as required.

Dr Danta will send his account directly to your health fund. You will not receive an account from Dr Danta's practice and will not have any out of pocket expenses from Dr Danta. The anaesthetist will do the same. It is highly recommended that you check with your health fund that your level of cover includes the cost of the procedure room and any excess that may be payable on admission.

Please bring your Medicare card and health fund member ships details.

NB: The preparation for this procedure starts 2 days prior to the date of the colonoscopy. The preparation for colonoscopy is very important. You will need to buy 3 sachets of **PICOLAX or PICOPREP** from your pharmacy. No prescription is required. **Avoid alcohol for the 48 hours prior to your procedure.**